



Penn State University



Associate of Dietetic Food Systems Mgt, School Food Service Emphasis

STUDENT DATA:

NAME: ROADMAP'S DEGREE

SSN: 000-00-0000

Credit Potential
Required Credit

General Education (Liberal Arts) Requirement

Penn State requires a certain number of General Education courses to increase the breadth of knowledge involving major intellectual and aesthetic achievements of humanity. The following list of General Education courses normally available through the World Campus should be used in conjunction with a check sheet from your college for your major and the General Education Guidebook.

Students should also check the online Course Catalog to determine if the course is currently offered. Letters in parentheses indicate which component of General Education the course will satisfy. You will need 21 credits of General Education courses for an associate degree program.

Rhetoric and Composition - GWS (ENGL 015)

3.00

(Prerequisite Info: ENGL 004 or satisfactory performance on the English proficiency examination. Instruction and practice in writing expository prose that shows sensitivity to audience and purpose. This course is a required course. If you are unfamiliar with the English language, we strongly recommend you take the TOEFL (Test of English as a Foreign Language) exam. To learn more, please visit the Web site at [http://www.toefl.org/.](http://www.toefl.org/))
{DANTES Code = 11.07.00}

Natural Science Elective

3.00

(Choose one course from thew list below:

- Genetics, Ecology, and Evolution -GN (BI SC 002)
- Human Body: Form and Function -GN (BI SC 004)
- Introductory Biology -GN (BIOL 011)
- Introduction to the Biology of Aging -GN (BIOL 055)
- Physiology -GN (BIOL 141)
- Molecular Science -GN (CHEM 001)
- Chemical Principles -GN (CHEM 012)*
- Chemical Principles -GN (CHEM 013)*
- Energy and the Environment (EGEE 101)
- Out of the Fiery Furnace -GN (EM SC (S T S) 150)
- Horticultural Science -GN (HORT 101)
- Understanding Weather Forecasting -GN (METEO 101)
- The Science of Physics -GN (PHSY 001)

Out of the Fiery Furnace -GN (S T S (EM SC) 150)
Wildlife and Fisheries Conservation -GN (WFS 209)

*Note: The following combinations must be taken to obtain General Education credit in Chemistry: CHEM 012 (or CHEM 017) and CHEM 014; CHEM 013 and CHEM015. College credit by examination or military credit may apply. Visit the Penn State website for a description of these courses.)

Quantification Elective

3.00

(Consider the following Penn State courses:

MATH 021 (GQ) College Algebra I
MATH 022 (GQ) College Algebra II and Analytic Geometry
MATH 035 (GQ) General View of Mathematics
MATH 110 (GQ) Techniques of Calculus I
MATH 111 (GQ) Techniques of Calculus II
PHIL 012 (GQ) Symbolic Logic
STAT 100 (GQ) Statistical Concepts and Reasoning
STAT 200 (GQ) Elementary Statistics

College credit by examination may apply. Visit the Penn State website for a description of these courses.)
{DANTES Code = any 14.XX.XX series}

Arts Elective

3.00

(Choose one course from thew list below:

The Visual Arts and the Studio: An Introduction -GA (ART 001)
Introduction to Drawing -GA (ART 020)
Ancient to Medieval Art -GA (ART H 111)
Renaissance to Modern Art -GA (ART H 112)
Introduction to Creative Writing -GA (ENGL 050)
Reception of the Arts -GA (INART 003)
An Introduction to Western Music -GA (MUSIC 005)
Evolution of Jazz -GA ;DF (MUSIC 007)
Rudiments of Music -GA (MUSIC 008)

College credit by examination may apply. Visit the Penn State website for a description of these courses.)
{DANTES Code = 08.02.01 or 08.02.00 or 11.08.00 or any 08.07.XX series}

Humanities Elective

3.00

(Choose one course from thew list below:

Introduction to American Studies -GH (AM ST 100W)
Myths and Mythologies-GH;GI (CMLIT 108)
The Literature of Journalism-GH (COMM 261)
American Civilization to 1877-GH (HIST 020)
American Civilization since 1877-GH (HIST 021)
Ethics and Social Issues-GH (PHIL 103W)
Introduction to World Religions-GH;DF(RL ST 001)
Ibero-American Civilization-GH;GI (SPAN 131)

Modern Science, Technology, and Human Values-GH (S T S 101)

Note: GI or DF denotes a course meeting the University's diversity requirement. College credit by examination may apply. Visit the Penn State website for a description of these courses.)

{DANTES Code = 08.06.00 or 20.07.05 or 17.13.00}

Social/Behavioral Sciences Elective

3.00

(Choose one course from thew list below:

Introductory Anthropology -GS (ANTH 001)

Cultural Anthropology -GS (ANTH 045)

The Mass Media and Society -GS (COMM 100)

Introductory Microeconomic Analysis and Policy -GS (ECON 004)

Introductory Macroeconomic Analysis and Policy -GS (ECON 002)

Labor Economics -GS (ECON 315)

Industrial Organization -GS (ECON 342)

Introduction to Human Development and Family Studies† -GS (HD FS 129)

Infant and Child Development -GS (HD FS 229)

Adolescent Development -GS (HD FS 239)

Adult Development and Aging -GS (HD FS 249)

Industrial Relations -GS (LIR 100)

Employment Relationship: Law and Policy -GS (LIR 201)

Introduction to American National Government -GS (PL SC 001)

Psychology -GS (PSY 002)

Industrial Psychology -GS (PSY 231)

Introductory Sociology -GS (SOC 001)

† Students may take only one course for General Education credit from HD FS 129 (GS) or SOC 030 (GS). College credit by examination may apply. Visit the Penn State website for a description of these courses.)

{DANTES Code see 20.XX.XX series}

Food Safety and Sanitation (DSM 101)

3.00

(Principles and procedures to ensure food safety, using hazard analysis, critical control processes to manage quantity food service sanitation systems.)

{DANTES Code = 21.05.00}

Introduction to School Food Service (DSM 105)

2.00

(History of school food service programs and exploration of management opportunities, methods, and concepts of various food service systems.)

{DANTES Code = 21.05.00}

Field Experience in Community Dietetics (DSM 195)

3.00

(Planning, preparation, and field experiences in community dietetic programs. Course requiring a practice site.)

Marketing of Child Nutrition Programs (DSM 204)

3.00

(Theories and applications of marketing principles to the design of consumer-oriented school foodservice and child nutrition services. Course requiring a practice site.)

Human Resource Management in Food Service Operations (DSM 205)	3.00
(Theories and principles of supervision and training food service employees for overall operational effectiveness.)	
Principles of Quantity Food Production (DSM 250)	3.00
(Principles and methods of quantity food production, including preparation techniques, quality control and evaluation, and cost control.) {DANTES Code = 10.05.01}	
Management and Analysis of Quantity Food (DSM 260)	4.00
(Principles of management applied to menu planning, purchasing, food and labor costing, and analysis for the institutional food service setting. Course requiring a practice site.)	
Cost Control in Institutional Food Service (DSM 275)	3.00
(Analysis and application of revenue management and cost control principles in institutional foodservice systems.)	
Professional Staff Field Experience (DSM 295W)	4.00
(Methods of, and practice in, the client-oriented dietetic systems. Course requiring a practice site.)	
Development Course - choose one	3.00
(Choose one course from the list below:	
Introduction to Human Development and Family Studies (HD FS 129)	
Infant & Child Development (HD FS 229)	
Adolescent Development (HD FS 239)	
Visit the PSU website for a description of this course.) {DANTES Code = 10.04.04 or 20.09.05}	
Nutrition Component of Food Serv Sys or Intro Prin of Nutrition (NUTR 151,251)	3.00
(NUTR 151 Introduction to basic nutrition principles and their application in a food service system. Students who have taken Nutr 251 may not schedule this course.	
or	
NUTR 251 The nutrients: food sources and physiological functions as related to human growth and well-being throughout life; current nutrition issues. Students who have passed Nutr 151 may not schedule this course.) {DANTES Code = 10.05.00}	
Sociology or Psychology or Developmental Course - choose one	3.00
(Choose one course listed below:	
Introductory Sociology -GS (SOC 001)	
Psychology -GS (PSY 002)	
Introduction to Human Development and Family Studies (HD FS 129)	
College credit by examination may apply.) {DANTES Code = 20.09.00 or 20.10.00 or 10.04.04 or 20.09.05}	

Professional Elective 3.00

(Visit the PSU website for a description of courses available.)

Free Elective 3.00

(Visit the PSU website for a description of courses available.)

Excess or Duplicate Credit

TOTAL 61.00 0.00

Thank you for requesting support from the U.S. Coast Guard Institute (CGI). Whereas we serve as an activity in support of your unit Educational Services Officer (ESO), you are encouraged to seek assistance from your local ESO in your academic endeavors. The following information is provided to help you understand what is presented in this degree plan:

This document is an UNOFFICIAL Degree Plan to provide you with a preliminary assessment of how your prior learning experiences might fit into the specified degree program for this academic institution. If you choose to pursue this degree option, you must present it to a college representative, who will review it for the following:

- o Accurate representation of the college's degree program requirements, including course numbers and titles, credit hours for each course, lower- and upper-level course requirements, and the total number of credits needed for the degree.
- o Appropriate assignment of ACE Guide-recommended credit at the lower or upper level for military service schools and occupations, CLEP, DSST, and other tests, transfer credit for courses from other colleges and universities, certification programs, etc.
- o Appropriate assignment of SOC Course Category Codes from the SOC Handbook Transferability Tables. The SOC Degree Program Handbooks can be obtained from the SOC web site at: www.soc.aascu.org should you wish to learn more about the course transfer guarantees among SOC network institutions.

IMPORTANT NOTE: When you are ready to seek admission into this degree program, please contact the USCG Institute at 1-405-954-7241. Your advisor will send the college or university an official U.S. Coast Guard Institute transcript, a copy of the degree plan, and a ready-for-signature SOC Student Agreement which, when signed by a college official, becomes a contract for degree completion committing the college or university to supporting you in your academic endeavors.

Credit for all courses you have taken must be reflected on official transcripts sent directly to this college from the administrative offices of the colleges you previously attended. This degree plan is often used for information purposes by college counselors pending receipt of the official transcripts from the source colleges.

This degree plan is not intended to compete with your local college or university. Keep in mind, you are allowed to transfer in a significant amount of the degree requirements to this institution. As such, credit from local colleges, college level examination programs, or advanced military training may be applied to this

degree. You may also complete the courses necessary from this college either in residence (on campus or possibly on a military base at a campus extension in the Education Center) or through distance delivery of the courses. If you have questions, please contact the college counselor or your advisor listed at the bottom of this Degree Plan.

DEGREE PLAN LEGEND:

SH = Semester hours
VOC = Vocational, not relative to an academic degree
LL = Lower Level, i.e. courses at the Freshman/Sophomore level
UL = Upper Level, i.e. courses at the Junior/Senior level
GL = Graduate Level (sometimes recommended by ACE for very complex courses)
[#] such as [EN024A] or [EN024B] = SOC Course Category Codes*
{#} such as {DANTES Code = 01.02.03} = DANTES Academic Codes **

* SOC Course Category Codes: Service members Opportunity Colleges (SOC) is a consortium of over 1,600 accredited colleges and universities seeking to provide degree opportunities to the military. Over 170 of these institutions participate in network degree programs developed for the Army, Navy, Marine Corps, and Coast Guard. A SOC course category number beside a course from one of these institutions, such as [EN024A] or [EN024B] for English Composition, indicates that courses from other degree program institutions with the same code may be taken to satisfy the degree requirement. See the SOC Degree Programs Handbooks at <http://www.soc.aascu.org/>

** DANTES Academic Codes: The Defense Activity for Non-Traditional Education Support (DANTES) publishes the DANTES Independent Study Catalog (DISC) annually, which lists more than 6,000 courses from dozens of regionally accredited colleges and universities. Because this is a degree from a SOC affiliated college, the academic residency requirements are limited, thereby allowing students to transfer in a significant portion of the degree, as mentioned above. If the course you desire to take is not offered by this institution when you want to take it, consider the opportunities the courses in the DISC present. For more information, visit http://www.dantes.doded.mil/dantes_web/distancelearning/disc/front/cont.htm Keep in mind, you should always check with the counselor or academic advisor at this institution before enrolling in a course listed in the DISC to ensure it will be accepted in transfer toward this degree.

Pennsylvania State University General Information

Since 1892, when it founded one of the nation's first correspondence study programs, Penn State has been a pioneer in distance education. With the launch of the World Campus in 1998, the 25th campus of Penn State, the University reaffirmed its commitment to providing educational access to learners around the world. The World Campus uses multiple technologies to make some of Penn State's most highly regarded graduate, undergraduate, and continuing professional education programs available anytime, anywhere through the World Wide Web, computer interfacing, and other media. Today, the World Campus offers more than 50 degree and certificate programs through distance and online education.

The World Campus provides adult learners worldwide with some of Penn State's most

highly regarded graduate, undergraduate, and continuing professional education degrees, certificates, or courses available anytime, anywhere. Whether you want to complete your degree, make yourself more professionally marketable, or sharpen a few skills, we can help you get where you want to go.

Two key words for World Campus are quality and flexibility. You can expect the same high-quality, academically challenging courses as those taught in the classroom. In fact, the credits you earn through World Campus are identical to those earned at our traditional campuses. World Campus also gives you the flexibility to study wherever you are. As job responsibilities grow increasingly complex and family schedules become more hectic, online education enables you to study at times and locations that are convenient for you.

Penn State World Campus programs are supported by a full range of student services. Support services, such as library access, advising, and assessment, are structured to meet your needs while providing you support that is often lacking in more traditional distance education programs. We understand the complexities of being an adult learner and offer outstanding resources to help you achieve your goals.

Tuition - The current tuition rate for distance delivered courses from Penn State is \$250 per credit for lower division courses (0-299) delivered in the Independent Learning or Online Individual format and \$404 per credit hour for the Online Group format. Upper division courses (300-499) are \$430 per credit hour. Penn State does not charge out-of-state tuition for distance delivered courses. All rates are subject to change. Please consult the Penn State website for additional information on tuition and fees.

For your next step in pursuing this degree, please contact:

World Campus Admissions
Penn State World Campus
128 Outreach Building
University Park, PA 16802
Phone: 800-252-3592 or 814-863-3283 (international)
Email: psuwd@psu.edu
Website: www.worldcampus.psu.edu

POLICY NOTES:

-Penn State will award credit for:

*CLEP General Examinations in Humanities, Mathematics, Natural Sciences, Social Sciences and History. Maximum credit awarded for each category is 3 with a required score of 50.

*some CLEP Subject Examinations and some DANTES Subject Standardized Tests (DSSTs).

*some Military Training Courses, some Army MOSs, some Navy Rates and Ratings, some Marine Corps MOSs, and some Coast Guard Rates and Ratings.

*some College Board Advanced Placement Exams, some Professional Certification Exams cited in ACE's Guide to Educational Credit by Exam.

*some ACE National Guide to Educational Credit for Training Programs (CREDIT) and some Experiential learning (portfolio method).

- Penn State has no maximum number of credits allowed for credit-by examination programs (CLEP, DSST).
- Penn State has no maximum number of credits allowed for all forms of non-traditional learning (including exam programs cited previously in this section).
- Penn State requires a minimum passing grade point average of 2.0. A grade of "D" is not accepted in transfer.
- For a bachelors degree a minimum of 36 credit hours of the last 60 credit hours of course work must be taken from Penn State.
- For as associate degree a minimum of 18 credit hours of the last 36 credit hours of course work must be taken from Penn State.

Financial Aid - Penn State World Campus degree students who are taking at least 6 credits per semester, and who meet all other federal eligibility requirements, may be eligible to receive federal student aid. Visit the Office of Student Aid website at <http://www.psu.edu/studentaid/aidprog/disted.shtml?reload> for more information. Once there, select "Contact Us" in the orange toolbar at the top of the page to contact a student aid counselor. A Web form will appear that asks you to "choose the subject that best describes your question." Select "World Campus" from the pull-down menu. If you have difficulty accessing the Office of Student Aid Web site, please call 814-865-6301 (Monday-Friday, 8:00 a.m. to 5:00 p.m., Eastern Standard Time).

Scholarships and Other Financial Aid - The Penn State World Campus offers several scholarship opportunities to learners. Please visit our website at http://www.worldcampus.psu.edu/StudentServices_Scholarships.shtml for details. Information on other types of aid is available at http://www.worldcampus.psu.edu/StudentServices_TypesOfAid.shtml.

This college is rated as one of the nation's best in U.S. News & World Report's "America's Best Colleges" issue.

Evaluation completed by: Charles Morrison

On: 15 May 2007